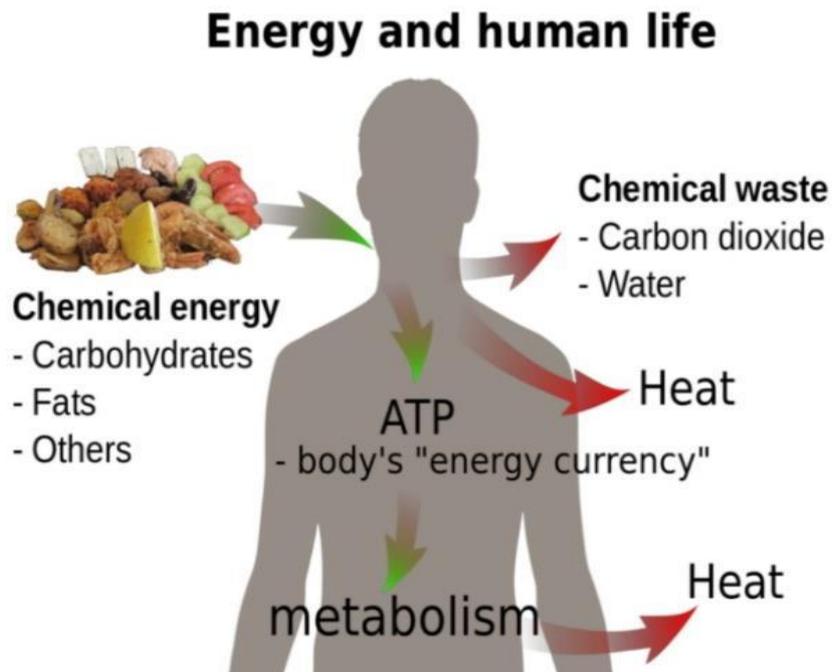


Bioenergetics (bio: life or living , energetics : study of energy)

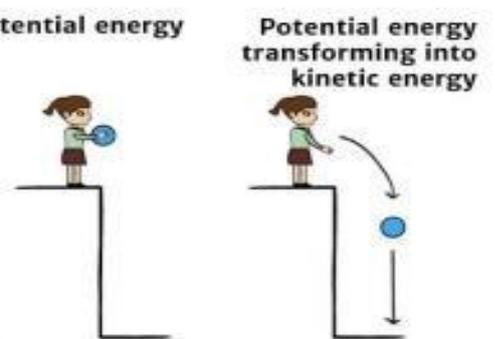
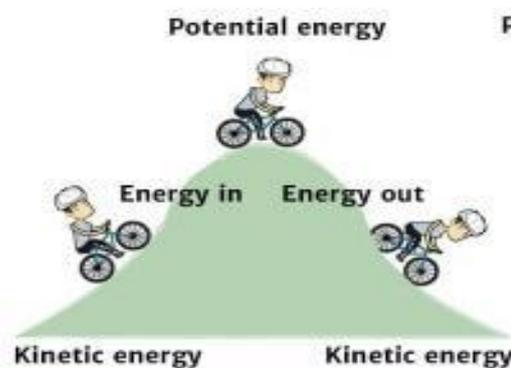
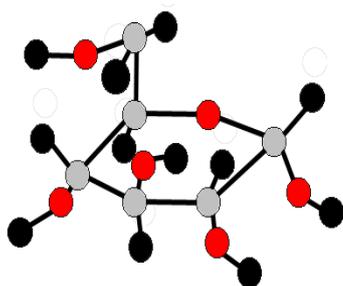
▪ **Def:**

➤ A study of **thermodynamics (energy transformations)** inside body.



▪ **Energy:**

Potential	Kinetic
<p><i>(Has the potential to do work)</i></p> <p>Energy of position (not been used yet)</p>	<p>Energy of motion</p> <p>(Energy in use)</p>
<p>Usually in the form of covalent bonds between carbon atoms or in the form of ATP molecules.</p>	

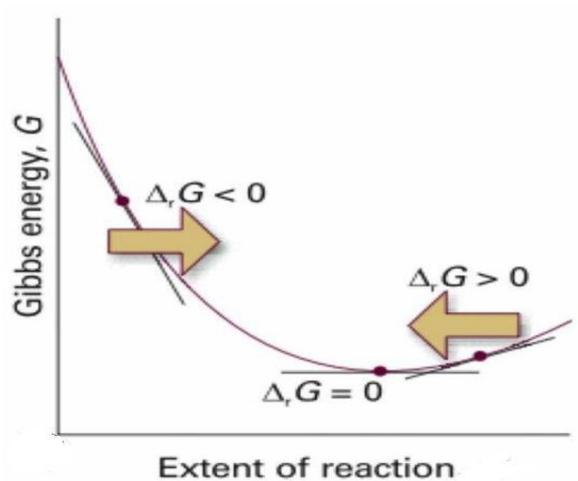


Free energy change (ΔG) (Useful energy)

- **Def:** portion of energy that is **available** to do work (utilizable).
- **Classification:**

ΔG is negative ($\Delta G < 0$)	ΔG is positive ($\Delta G > 0$)
Energy is released	Energy is absorbed
Reaction is spontaneous	Reaction is non-spontaneous
Exergonic reaction	Endergonic reaction
E.g. catabolic (degradation) reactions	E.g. anabolic (building-synthetic) reactions

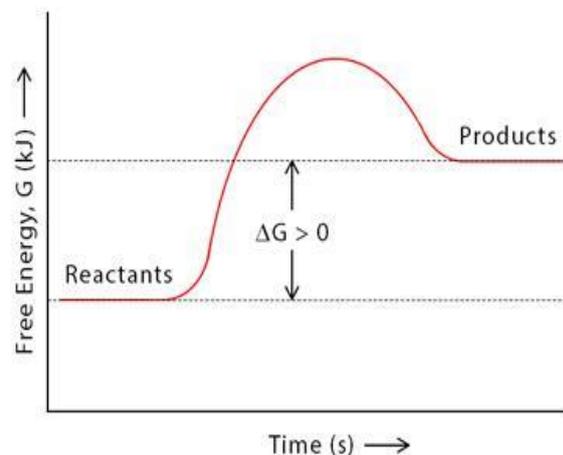
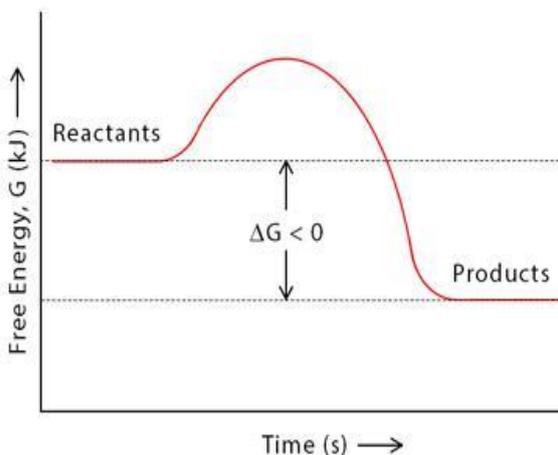
If ΔG is zero: The system is at equilibrium and no net change takes place.



Exergonic Reaction

Vs.

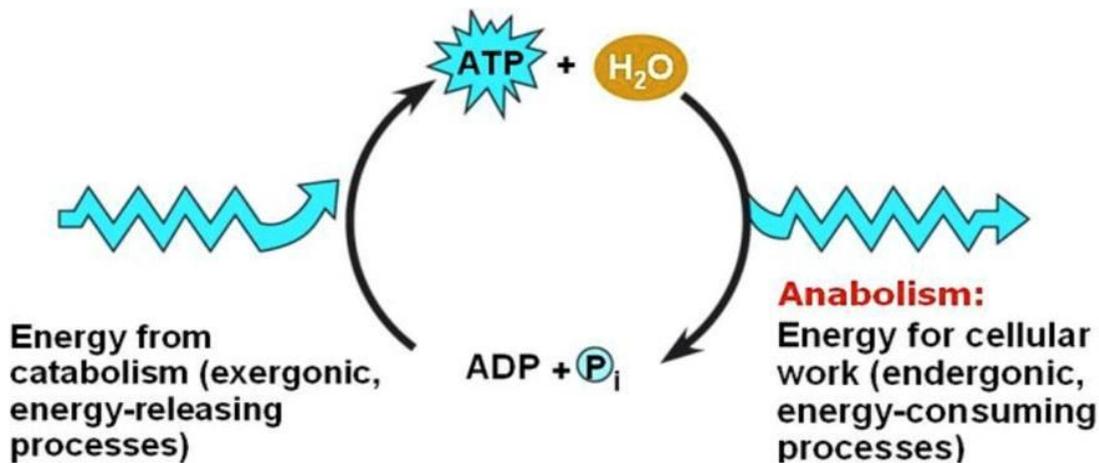
Endergonic Reaction



Energy coupling

▪ **Def:**

- Coupling two biological reactions, so that energy generated from one reaction is **used** to drive the second reaction.
- The living cells utilize the energy liberated from the **exergonic reactions** to synthesize high energy intermediate - **mainly ATP** - which in turn gives the energy to **endergonic reaction**.



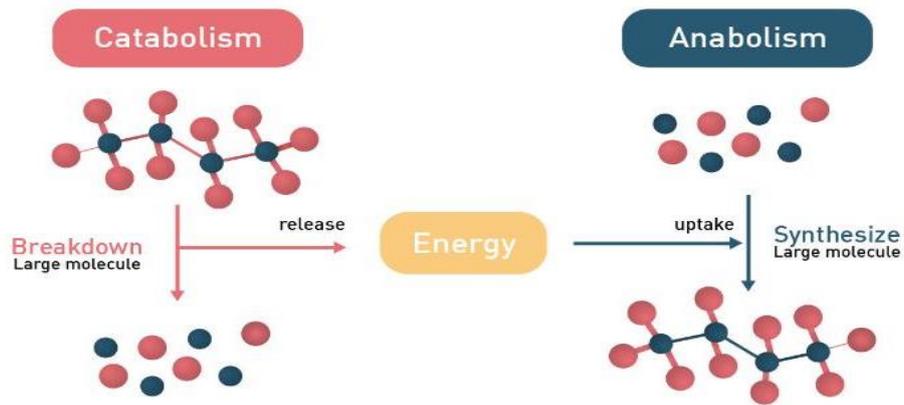
Metabolism

▪ **Def:**

- It is sum of **chemical reactions** that take place within each cell of a living organism and that provide **energy** for vital processes.

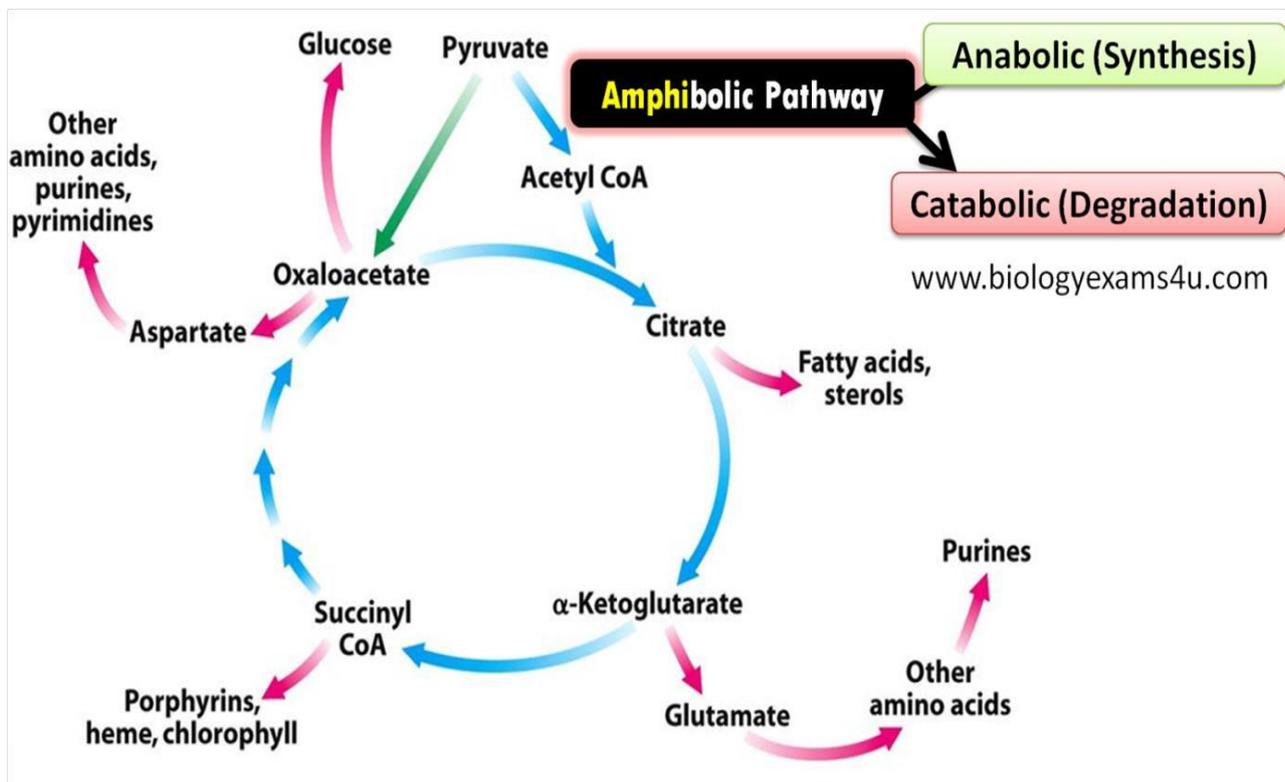
▪ **It includes:**

Catabolism:	Anabolism:
<ul style="list-style-type: none"> • breaking down complex molecules in simpler compounds. • This reaction release energy, usually as ATP (exergonic) 	<ul style="list-style-type: none"> • build complicated molecules from simpler compounds. • This reaction consume energy (endergonic)
<ul style="list-style-type: none"> • ex: glycolysis. 	<ul style="list-style-type: none"> • ex: gluconeogenesis.



■ **Amphibolic pathways:**

- Biochemical pathway that includes both **anabolic and catabolic processes**.
- Best understood through **Kreb's cycle**.



Metabolic sources of energy

■ **Humans obtain energy from three classes of fuel molecules:**

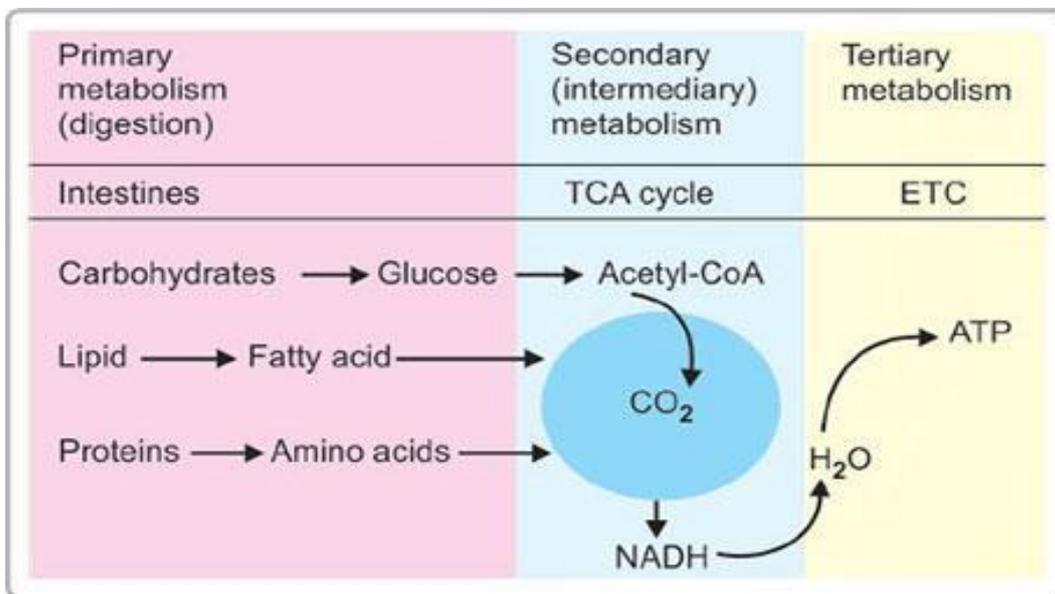
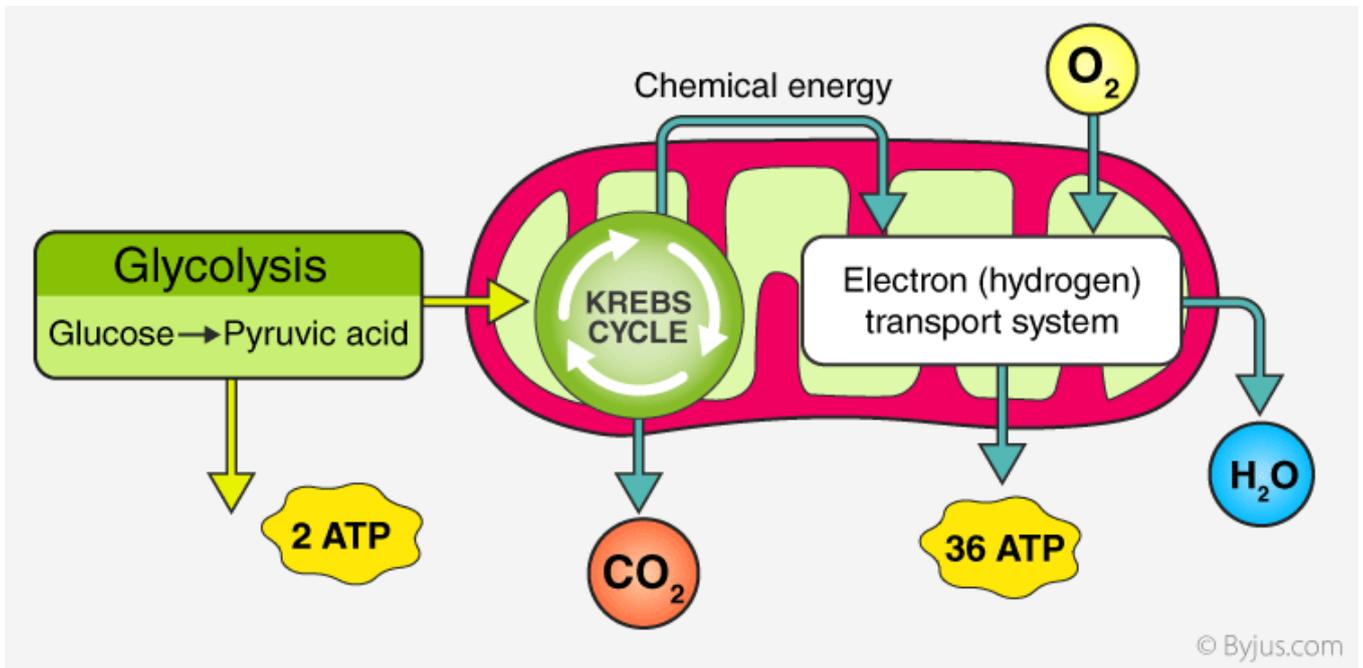
- 1) Carbohydrates.
- 2) Lipids.
- 3) Proteins.

▪ **Stages of food oxidation:**

1st stage:	<ul style="list-style-type: none"> • <u>The primary metabolism:</u> <ul style="list-style-type: none"> ➤ In GIT, digestion converts the metabolic fuels to the monomeric building blocks (glucose, fatty acids and amino acids) to be absorbed.
2nd stage:	<ul style="list-style-type: none"> • <u>The secondary metabolism:</u> <ul style="list-style-type: none"> ➤ The absorbed products are catabolized to smaller components, and oxidized to CO₂, NADH and FADH₂ in the mitochondria by the Kreb's cycle.
3rd stage:	<ul style="list-style-type: none"> • <u>The tertiary metabolism or cellular respiration:</u> <ul style="list-style-type: none"> ➤ The NADH and FADH₂ carrying 2H enter into electron transfer chain (ETC) where energy is released and used to produce ATP. ➤ This process requires O₂ which finally reacts with the 2H to produce H₂O.

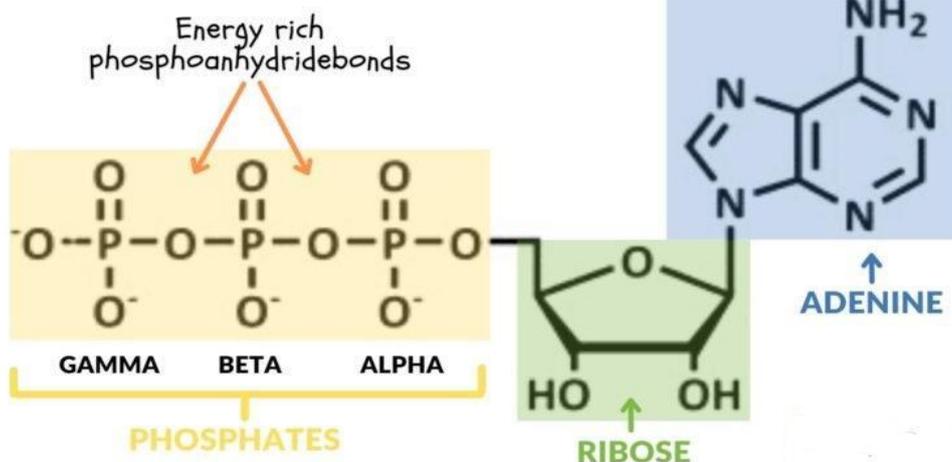
▪ **NB:**

In the presence of O₂:	<ul style="list-style-type: none"> • Complete oxidation of foodstuffs takes place in the mitochondria with the production of ATP, CO₂ and H₂O (aerobic condition, stage 1, 2, 3).
In the absence of O₂:	<ul style="list-style-type: none"> • Incomplete oxidation of foodstuffs (anaerobic conditions, stage 1 and 2 only).



ATP (Energy currency of the cell)

ATP STRUCTURE



▪ **Def:**

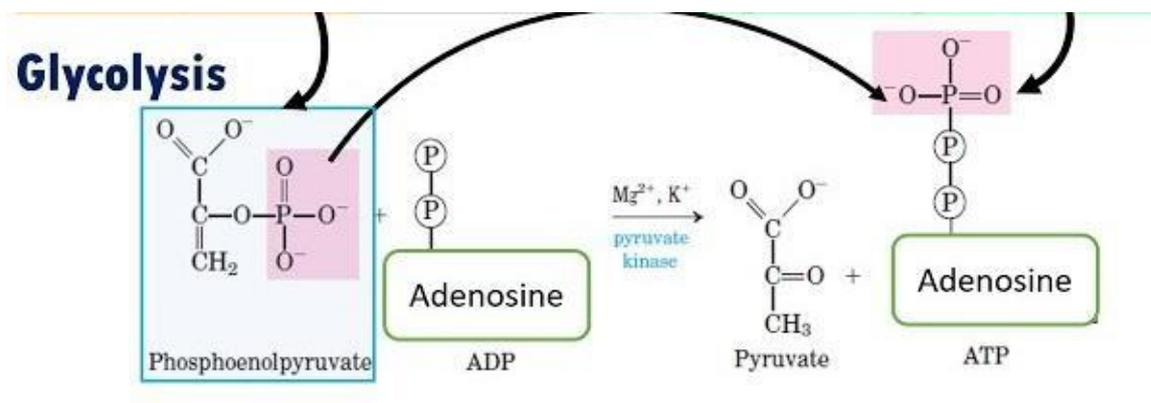
- **A high energy compound**, considered the primary and universal carrier of chemical energy in the cell.
- It plays a central role in the **transference of free energy** from the exergonic to the endergonic processes (high-energy Intermediate).
- It is continually **hydrolyzed and regenerated**.

Mechanism of ATP formation

▪ **There are two basic mechanisms involved:**

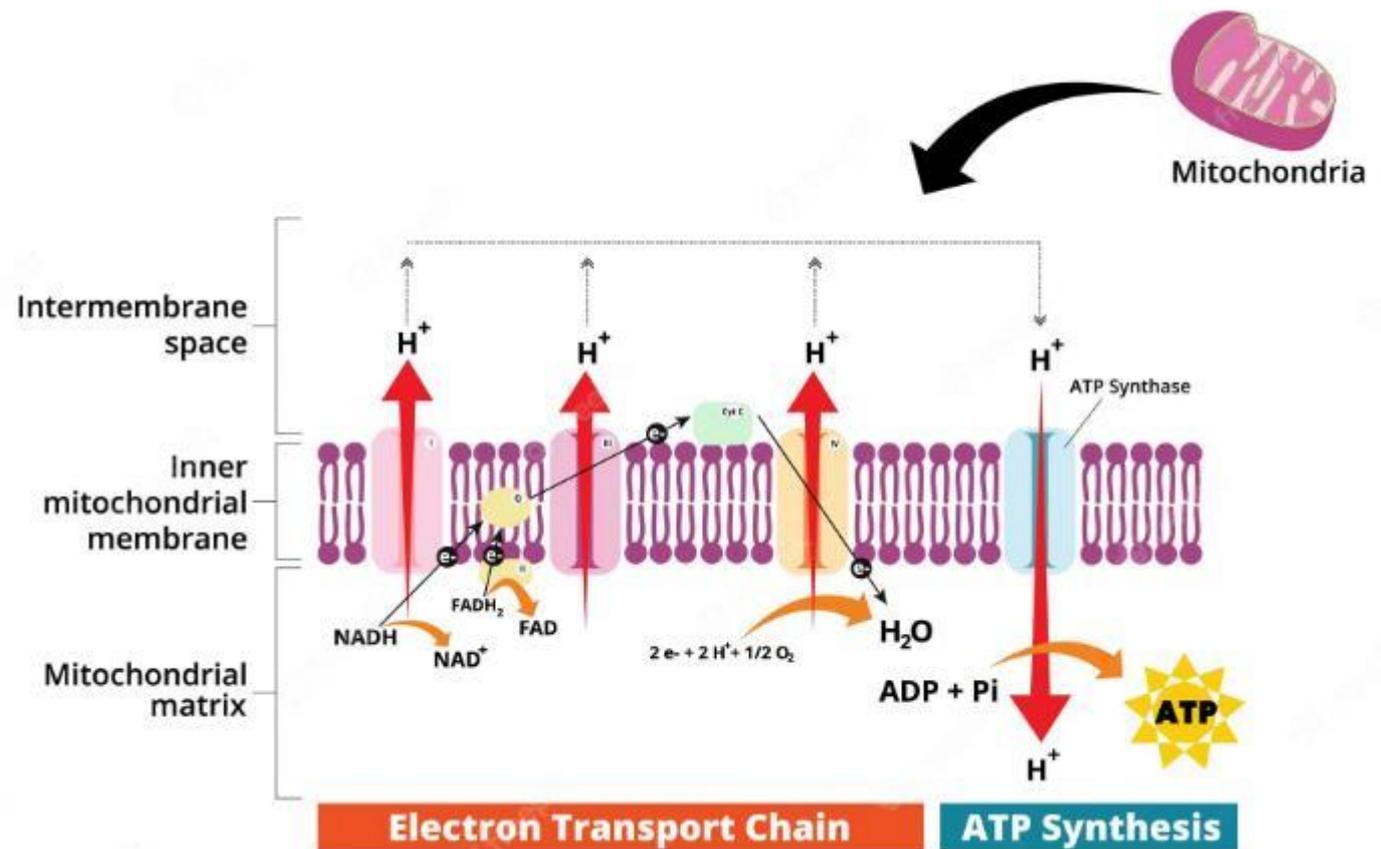
1) **Substrate level phosphorylation:**

- It involves phosphorylation of ADP to form ATP **directly without** passing through the electron transport chain.



2) **Oxidative phosphorylation:**

- This process takes place in **mitochondria** and is energetically coupled to a **proton gradient** over a membrane.
- The H⁺ gradients established by electron transport chain are used by the **ATP synthase enzyme** as a source of energy for direct linking of an inorganic phosphate to ADP, producing **ATP**.

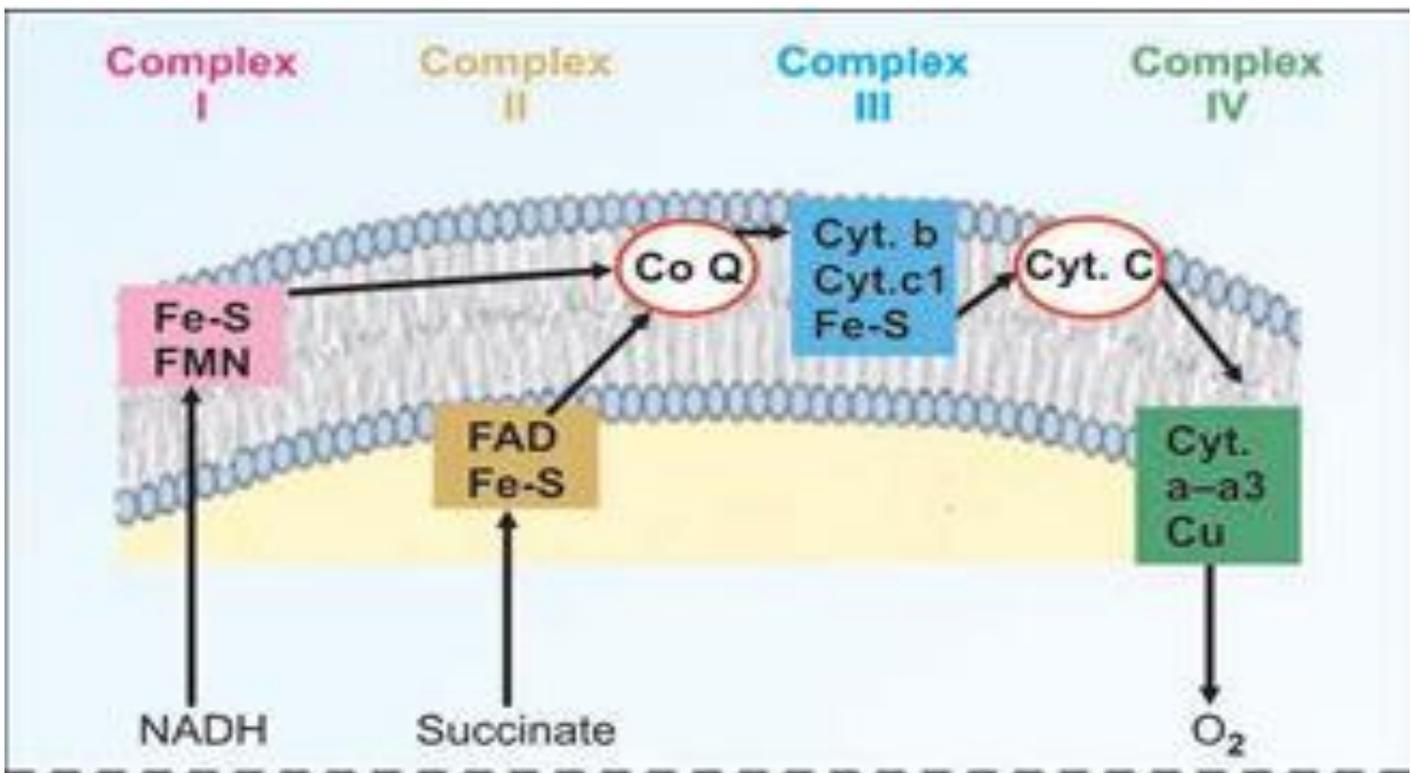


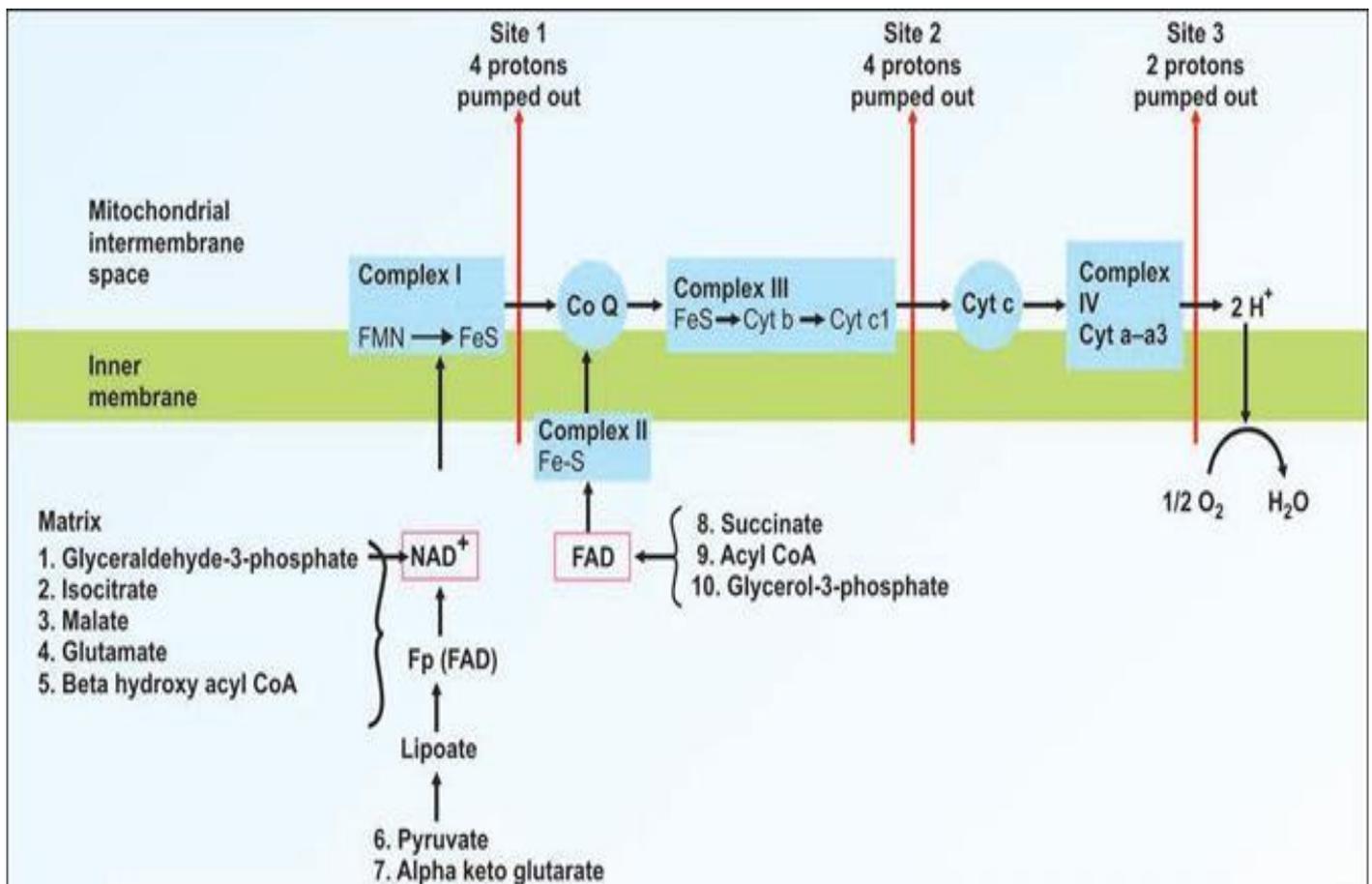
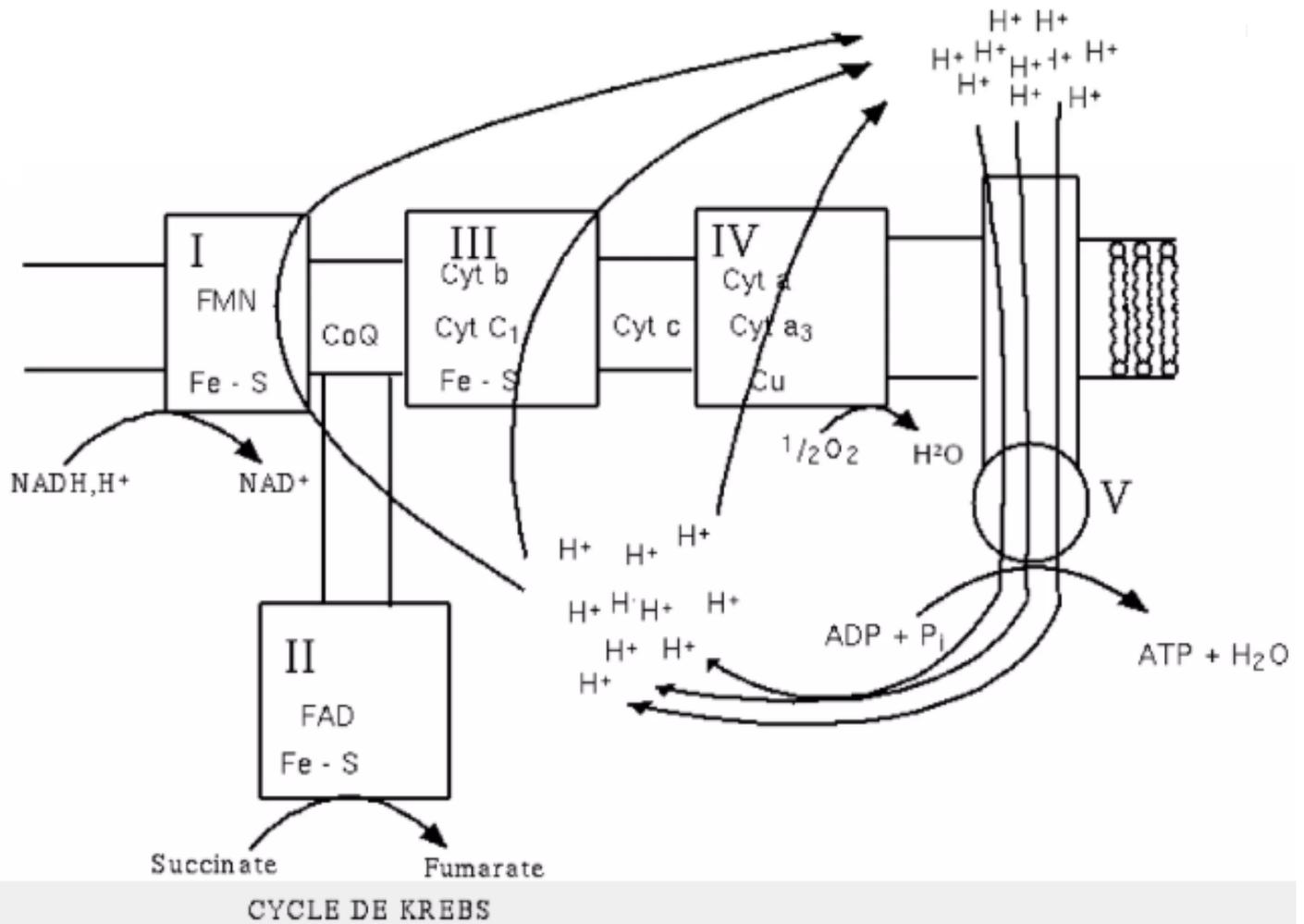
Electron Transport Chain (Respiratory Chain or oxidative phosphorylation)

Def:	<ul style="list-style-type: none"> Series of four protein complexes that couple redox reactions, creating an electrochemical gradient that leads to the creation of ATP.
Site:	<ul style="list-style-type: none"> Inner mitochondrial membrane.
Mechanism:	<ul style="list-style-type: none"> The electrons flow from the more electronegative components to the more electropositive components. There are 4 distinct multi-protein complexes: <ul style="list-style-type: none"> ➤ These are named as complex-I, II, III and IV. ➤ These are connected by two mobile carriers, co-enzyme Q and cytochrome C.

▪ **Complexes:**

Name	Other name	It contains
Complex I:	NADH dehydrogenase.	<ul style="list-style-type: none"> • FMN and an iron-sulphur protein (Fe-S).
Complex II:	Succinate dehydrogenase.	<ul style="list-style-type: none"> • FAD and Fe-S as coenzymes.
Complex III:	Ubiquinol dehydrogenase.	<ul style="list-style-type: none"> • cyt b, cyt c1 and Fe-S as coenzymes.
Complex IV:	Cytochrome oxidase.	<ul style="list-style-type: none"> • Cu and cyt a and cyt a3 as coenzymes.





▪ **P:O (P/O) Ratio:**

➤ **Def:**

- The number of ATP molecules produced to the number of oxygen atoms consumed.
- It measures the **efficiency** of oxidative phosphorylation.

➤ **Example:**

- 2.5 ATP from NADH.
- 1.5 ATP from FADH₂.

▪ **Uncouplers:**

Def:	<ul style="list-style-type: none"> • Substances that dissociate oxidation from phosphorylation (allow oxidation to proceed, but the energy, instead of being trapped by phosphorylation, is liberated as heat).
P/O Ratio:	<ul style="list-style-type: none"> • P/O Ratio is zero.
Mechanism:	<ul style="list-style-type: none"> • This is achieved by ↑ membrane permeability to protons (H⁺), allow transport of H⁺ across the inner membrane but not through ATP synthase → removal of the proton gradient.
Significance:	<ul style="list-style-type: none"> • In hibernating animals and in newborn human infants, the liberation of heat energy is required to maintain body temperature.
Example:	<ul style="list-style-type: none"> • 2,4 dinitrophenol – Thyroxine – Thermogenin.

Inhibitors of electron transport chain (Inhibitors of ATP synthesis)

1) Specific site Inhibitors:	<ul style="list-style-type: none">• <u>Complex I:</u><ul style="list-style-type: none">➤ Rotenone (insecticide)➤ Barbiturates (amobarbital)➤ Chlorpromazine, (tranquilizer)• <u>Complex III:</u><ul style="list-style-type: none">➤ BAL (antidote of war gas)➤ Antimycin (antibiotic)• <u>Complex IV:</u><ul style="list-style-type: none">➤ CO➤ Cyanide
2) Non-Specific site Inhibitors	<ul style="list-style-type: none">• <u>Inhibitors of Phosphorylation:</u><ul style="list-style-type: none">➤ Oligomycin (inhibits ATP synthase).

Biological Importance of ATP

- 1- Activation of **monosaccharides, FAs and AAs.**
- 2- Active **absorption and secretion.**
- 3- **Active transport** across biological membranes.
- 4- Biosynthesis of **macromolecules.**
- 5- Biosynthesis of **cAMP.**
- 6- Biosynthesis of **creatine phosphate.**
- 7- **Nerve** conduction and **muscle** contraction.