

	Typical Anti-psychotics		Atypical Anti-psychotics
	High potency	Low potency	
Examples	Haloperidol	Chlorpromazine	Clozapine, olanzapine, risperidone, aripiprazole
Affinity	D2R ≥ 5HT-2R		D2R < 5HT-2R
MOA	<ul style="list-style-type: none"> -Inhibit 4 DA Pathways -Block M1, H1, α1 (Low potency drugs) -Excellent correlation between the clinical potency and their affinity for D2R -Block D2R in mesolimbic pathway → ↓ positive symptoms -Block D2R in nigrostriatal pathway (basal ganglia) → Extrapyramidal symptoms (EPS) 		Block 5HT-2R in mesocortical pathway → ↑ DA → ↓ negative symptoms
Pharmacological effects	Delayed effect (after 6 weeks) and Mechanism isn't fully understood		
	When the drug is first taken	↑↑ DA synthesis and release → Compensatory to acute block of D2R	
	During treatment	Continued block of D2R → ↓ DA release "Depolarization blockade" in nigrostriatal and mesolimbic neurons → improvement in positive symptoms & causes EPS	
	Finally	↓ DA release caused by Depolarization blockade → Up-regulation & Hypersensitivity of D2R → Tardive Dyskinesia	
S/E	Autonomic S/E (Low Potency drugs)	<ul style="list-style-type: none"> -Block M1 → Atropine-like action -Block α-1 → Dizziness, orthostatic hypotension, reflex tachy -Block H1 → Sedation & weight gain 	
	Block D2R in Nigrostriatal Pathway (High potency drugs)	EPS (most disturbing)	
	Block D2R in Tubero-infundibular Pathway	↑ Prolactin → Gynecomastia, irregular menstrual cycle	
	Jaundice	Chlorpromazine	
	Pigment retinopathy & Cardiac toxicity	Thioridazine (Low potency drug)	
	Neuroleptic malignant syndrome (Caused by ↓↓↓ DA)	<ul style="list-style-type: none"> -Potentially fatal, associated with high doses -Fever, muscle rigidity, sweating, confusion, and cardiovascular collapse & ↑ creatinine kinase (CK). -Associated with high mortality rate (need immediate TTT): 1) Stop anti-psychotic drug 2) Start DA receptor agonist (bromocriptine) & skeletal muscle relaxant (dantrolene) 	
Agranulocytosis	Clozapine (WBCs must be weekly monitored)		
Increased prolactin QT prolongation	Risperidone		
Autonomic S/E	-Olanzapine -Clozapine		
EPS (Less compared to typical)	aripiprazole		

Individual differences with Atypical antipsychotics

Clozapine	-Block 5-HT ₂ Rs and D ₄ Rs -Associated with fatal agranulocytosis → during the first-year of TTT → requires weekly monitoring of WBCs counts during the first 6 months of therapy → then every two weeks
Olanzapine	like clozapine, but : - has fewer autonomic side effects & No agranulocytosis
Risperidone	like olanzapine, but: -Cause a higher incidence of EPS. +Other S/E
Aripiprazole	Partial agonist at D ₂ R and 5-HT ₁ R but a 5-HT ₂ R antagonist

Extra-Pyramidal Symptoms (EPS)	
Features	-Delayed → after months - years of treatment -Results from supersensitivity to dopamine after long-term D ₂ R blockers -Can be irreversible - Not easily managed → use drug in the lowest doses for the shortest period
Examples	Acute Effects: akathisia, pseudoparkinsonism, and dystonia (Occurs in 2nd stage of pharmacological effects) Tardive dyskinesia (Occurs in 3rd stage of pharmacological effects)
TTT	Acute Effects 1) Lower the antipsychotic dose 2) Change to an atypical antipsychotic 3) Administer a drug to counteract these effects : benztropine and/or amantadine (weak dopamine releaser)
	Tardive dyskinesia - Not easily managed 1) Lower the antipsychotic dose 2) Valbenazine: -Approved for the treatment of tardive dyskinesia -Vesicular monoamine transporter (VMA) type 2 inhibitors -Act centrally to deplete DA storage in presynaptic vesicles.

	High-Potency Typical	Low-Potency Typical	Atypical
EPS S/E	+++	+	+
ANS S/E	+	+++	++
Positive symptoms	✓	✓	✓
Negative symptoms	✗	✗	✓✓✓

Treatment considerations

-Atypical antipsychotic drugs (except clozapine) (1st Line):
Compared to typical drugs → they produce a lower incidence of EPS and more effective against the negative symptoms.

-Patients exhibit improvement of positive symptoms during the first 2 weeks of therapy → the maximal response after 6 weeks → then it is possible to reduce the dosage (**maintenance therapy**).

-Usually continued for at least 12 months after the remission of acute psychotic symptoms → then either a **low-dose regimen** or **gradual withdrawal** of the drug is considered → **reduce risk of Tardive dyskinesia.**

-Should be **tapered slowly** before discontinuation → abrupt discontinuation can cause **withdrawal symptoms** → insomnia, nightmares, restlessness, GIT upset, salivation, and sweating.